1. Which side of the umbilical cord typically experiences more spiral turns?
   a. Maternal part
   b. Fetal part
   c. Central part
   d. No such association

2. Traditionally, umbilical cord coiling is called hypercoiled if the coiling index is above what percentile?
   a. Above 60th percentile
   b. Above 70th percentile
   c. Above 80th percentile
   d. Above 90th percentile

3. Which of the following statements are true regarding the measurement of pulse pressures of the umbilical arteries and umbilical vein?
   a. Pulse pressures of the umbilical arteries and umbilical vein are 1800 out of phase
   b. During pulsations, arteries shorten and the diameter narrows
   c. Venous diameter is increased
   d. All the above

4. Which of the following statements are true regarding association of abnormal coiling of umbilical cord with advanced maternal age and gravida?
   a. Significantly not associated with maternal age or gravida
   b. Significantly associated with maternal age, but not with gravida
   c. Significantly associated with gravida, but not with maternal age
   d. Significantly associated with both advanced maternal age and gravida

5. Why is it that abnormally coiled umbilical cords are not able to tolerate the stress of labor as that of normocoiled cords?
   a. Being more flexible and more prone to torsion
   b. Being less flexible and more prone to rupture
   c. Being less flexible and more prone to torsion
   d. None of the above

6. Which of the following statements are true regarding umbilical cord?
   a. Coiling is only controlled by environmental factors
   b. Coiling is not a natural tendency of the umbilical cord
   c. Umbilical cord lengthens after delivery
   d. Coiling is multifactorial
Answer form for the article titled “Abnormal umbilical cord coiling and association with pregnancy factors” within the scope of CME/CPD

1st Question

A B C D

2nd Question

A B C D

3rd Question

A B C D

4th Question

A B C D

5th Question

A B C D

6th Question

A B C D

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