Answer form for the article titled “Comparison of the effect of dietary and herbal supplements on anthropometric, metabolic and androgenic profiles of women with polycystic ovary syndrome: a systematic review and network meta-analysis protocol” within the scope of CME/CPD

1. What is the prevalence of PCOS?
   a. About 1-4%
   b. About 5-15%
   c. About 25-30%
   d. None of the above

2. What are the key clinical characteristics of PCOS?
   a. Joint pain and metabolic abnormalities
   b. Joint pain and obesity
   c. Obesity, metabolic abnormalities, and hyperandrogenism
   d. Hyperandrognerism and metabolic abnormalities

3. Why hormonal contraceptives are used in PCOS?
   a. For hirsutism
   b. For acne and alopecia
   c. For virilization and infertility
   d. All of the above

4. Which of the following treatment is not ideal for PCOS patients with smoking and hypertension?
   a. Exercise
   b. Metformin
   c. Oral contraceptives
   d. None of the above

5. Bariatric surgery for weight loss is of limited use in PCOS patients with following body habitus-
   a. Overweight
   b. Obese with body mass index ≥40 kg/m^2
   c. Both of the above
   d. None of the above

6. The following role of metformin treatment is relatively less established in PCOS patients-
   a. Role in weight loss
   b. Role in insulin resistance reduction
   c. Role in diabetes prevention
   d. None of the above
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1st Question

| A | B | C | D |

2nd Question

| A | B | C | D |

3rd Question

| A | B | C | D |

4th Question

| A | B | C | D |

5th Question

| A | B | C | D |

6th Question

| A | B | C | D |

People who answer these questions will receive “2 TMA-CME/CPD credits”

IMPORTANT NOTE: You may apply for Turkish Medical Association CME/CPD credits by answering the questions in the front page, filling in your personal information and sending this form to “Abdi İpekçi Cad. No: 2/7 34367 Nişantaşı, Istanbul” by post. This form should arrive to the above-mentioned address latest by 29 February 2024.