

# JTGGA CME/CPD CREDITING



Answer form for the article titled “Comparison of the effect of dietary and herbal supplements on anthropometric, metabolic and androgenic profiles of women with polycystic ovary syndrome: a systematic review and network meta-analysis protocol” within the scope of CME/CPD

**1. What is the prevalence of PCOS?**

- a. About 1-4%
- b. About 5-15%
- c. About 25-30%
- d. None of the above

**2. What are the key clinical characteristics of PCOS?**

- a. Joint pain and metabolic abnormalities
- b. Joint pain and obesity
- c. Obesity, metabolic abnormalities, and hyperandrogenism
- d. Hyperandrogenism and metabolic abnormalities

**3. Why hormonal contraceptives are used in PCOS?**

- a. For hirsutism
- b. For acne and alopecia
- c. For virilization and infertility
- d. All of the above

**4. Which of the following treatment is not ideal for PCOS patients with smoking and hypertension?**

- a. Exercise
- b. Metformin
- c. Oral contraceptives
- d. None of the above

**5. Bariatric surgery for weight loss is of limited use in PCOS patients with following body habitus-**

- a. Overweight
- b. Obese with body mass index  $\geq 40 \text{ kg/m}^2$
- c. Both of the above
- d. None of the above

**6. The following role of metformin treatment is relatively less established in PCOS patients-**

- a. Role in weight loss
- b. Role in insulin resistance reduction
- c. Role in diabetes prevention
- d. None of the above

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1st Question

A	B	C	D
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2nd Question

A	B	C	D
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3rd Question

A	B	C	D
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4th Question

A	B	C	D
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5th Question

A	B	C	D
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6th Question

A	B	C	D
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People who answer these questions will receive “2 TMA-CME/CPD credits”

## TMA-CME CREDITING BOARD ENQUIRY FORM

JTGGGA MANUSCRIPT 2023/4

DATE

TR Identification Number

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*This form will not be reviewed if TR Identification Number is not stated.*

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Signature

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**IMPORTANT NOTE:** You may apply for Turkish Medical Association CME/CPD credits by answering the questions in the front page, filling in your personal information and sending this form to “Abdi İpekçi Cad. No: 2/7 34367 Nişantaşı, İstanbul” by post. This form should arrive to the above-mentioned address latest by 29 February 2024.